

# Copopa/CMS Menu

# September, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	B-1	A-2	B-3	4
LABOR DAY 7	8 <b>Choice-1</b> Chicken Nugget, Mashed Potato, Applesauce, Roll <b>Choice-2</b> Salisbury Steak w/Gravy, mash Potato, Applesauce, Roll	9 <b>Choice-1</b> Cheese Pizza, Tossed Salad, Strawberries <b>Choice-2</b> Cheeseburger, Tossed Salad, Strawberries	10 <b>Choice-1</b> Cheese Pizza, Tossed Salad, Strawberries <b>Choice-2</b> Cheeseburger, Tossed Salad, Strawberries	11 <b>Meal Pick-Up at CMS 10:00-11:30</b>
14 <b>Choice-1</b> Mac & Cheese, Sweet Potato Fries, Diced Pears, Roll <b>Choice-2</b> Hotdogs, Sweet Potato Fries, Diced Pears	15 <b>Choice-1</b> Mac & Cheese, Sweet Potato, Diced Pears, Roll <b>Choice-2</b> Hotdogs, Sweet Potato Fries, Diced Pears	16 <b>Choice-1</b> Breaded Chicken Sandwich, California blend, Apple <b>Choice-2</b> Meatball Sub sandwich, California Blend, Apple	17 <b>Choice-1</b> Breaded Chicken Sandwich, California Blend, Apple <b>Choice-2</b> Meatball Sub sandwich, California Blend, Apple	18 <b>Meal Pick-Up at CMS 10:00-11:30</b>
21 <b>Choice-1</b> Popcorn Chicken, Chick Peas, Peaches, Roll <b>Choice-2</b> Grilled Chicken Salad, chick Peas, Peaches, Roll	22 <b>Choice-1</b> Popcorn Chicken, Chick Peas, Peaches, Roll <b>Choice-2</b> Grilled Chicken Salad, Chick Peas, Peaches, Roll	23 <b>Choice-1</b> Fish Sandwich, Green Bean, Mixed Fruit Cup <b>Choice-2</b> Bosco Stix's, Green Beans, Mixed Fruit Cup	24 <b>Choice-1</b> Fish Sandwich, Green Beans, Mixed Fruit Cup <b>Choice-2</b> Bosco Stix's, Green Beans, Mixed Fruit Cup	25 <b>Meal Pick-Up at CMS 10:00-11:30</b>
28 <b>Choice-1</b> Turkey Sub Sandwich, Tossed Salad, Apricots <b>Choice-2</b> Baked Chicken, Tossed Salad, Apricots, Roll	29 <b>Choice-1</b> Turkey Sub Sandwich, Tossed Salad, Apricot <b>Choice-2</b> Baked Chicken, Tossed Salad, Apricot, Roll	30 <b>Choice-1</b> Breaded Cheese Stick, Baked Beans, Blueberries, Roll <b>Choice-2</b> Corn Dogs, Baked Beans, Blueberries		

Breakfast – Grab and Go Breakfast every day. and choice of milk.

Milk choices- 1% white, fat-free chocolate, fat-free strawberry.

Choice of milk is offered every day with every meal.



Meal Pricing:

Breakfast \$1.50

Lunch \$3.50

Milk only \$.50

Reduced-Price Breakfast \$.30

Reduced-Price Lunch \$.04

This institution is an equal opportunity provider