

Copopa/CMS Menu

October, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	B-1	A-2	B-1	2
			Choice-1 Breaded Cheese Stick, Baked Beans, Blueberries, Roll Choice-2 Corn Dogs, Baked Beans, Blueberries	Meal Pick-Up at CMS 10:00-11:30 Twisted Lasagna W/Bread, Turkey Subs, Mixed Vegetable, Green Beans, Apricots, Apples & Milk Grab and Go Breakfast Packages
A-5	B-6	A-7	B-8	9
Choice-1 Chicken Nugget, Mashed Potato, Applesauce, Roll Choice-2 Salisbury Steak w/Gravy, mash Potato, Applesauce, Roll	Choice-1 Chicken Nugget, Mashed Potato, Applesauce, Roll Choice-2 Salisbury Steak w/Gravy, mash Potato, Applesauce, Roll	Choice-1 Cheese Pizza, Tossed Salad, Strawberries Choice-2 Cheeseburger, Tossed Salad, Strawberries	Choice-1 Cheese Pizza, Tossed Salad, Strawberries Choice-2 Cheeseburger, Tossed Salad, Strawberries	Meal Pick-Up at CMS NO pickup
A-12	B-13	A-14	B-15	16
Choice-1 Mac & Cheese, Sweet Potato Fries, Diced Pears, Roll Choice-2 Hotdogs, Sweet Potato Fries, Diced Pears	Choice-1 Mac & Cheese, Sweet Potato Fries, Diced Pears, Roll Choice-2 Hotdogs, Sweet Potatoes Fries, Diced Pears	Choice-1 Breaded Chicken Sandwich, California blend, Apple Choice-2 Meatball Sub sandwich, California Blend, Apple	Choice-1 Breaded Chicken Sandwich, California Blend, Apple Choice-2 Meatball Sub sandwich, California Blend, Apple	Meal Pick-Up at CMS 10:00-11:30 Cheeseburger, Sweet Potato Fries, Apples & Milk Grab and Go Breakfast Packages
A-19	B-20	A-21	B-22	23
Choice-1 Popcorn Chicken, Chick Peas, Peaches, Roll Choice-2 Grilled Chicken Salad, chick Peas, Peaches, Roll	Choice-1 Popcorn Chicken, Chick Peas, Peaches, Roll Choice-2 Grilled Chicken Salad, Chick Peas, Peaches, Roll	Choice-1 Fish Sandwich, Green Bean, Mixed Fruit Cup Choice-2 Bosco Stix's, Green Beans, Mixed Fruit Cup	Choice-1 Fish Sandwich, Green Beans, Mixed Fruit Cup Choice-2 Bosco Stix's, Green Beans, Mixed Fruit Cup	Meal Pick-Up at CMS 10:00-11:30 Fajita Chicken, Romaine & spring Salad, Roll, Oranges & Milk Grab and Go Breakfast Packages
A-26	B-27	A-28	B-29	30
Choice-1 Turkey Sub Sandwich, Tossed Salad, Apricots Choice-2 Baked Chicken, Tossed Salad, Apricots, Roll	Choice-1 Turkey Sub Sandwich, Tossed Salad, Apricot Choice-2 Baked Chicken, Tossed Salad, Apricot, Roll	Choice-1 Breaded Cheese Stick, Baked Beans, Blueberries, Roll Choice-2 Corn Dogs, Baked Beans, Blueberries	Choice-1 Breaded Cheese Stick, Baked Beans, Blueberries, Roll Choice-2 Corn Dogs, Baked Beans, Blueberries	Meal Pick-Up at CMS 10:00-11:30 Baked Chicken W/Roll, Broccoli, Diced Pears & Milk Grab and Go Breakfast Packages

Breakfast – Grab and Go Breakfast every day.
and choice of milk.

Milk choices- 1% white, fat-free chocolate, fat-free strawberry.

Choice of milk is offered every day with every meal.



Meal Pricing:

Breakfast \$1.50

Lunch \$3.50

Milk only \$.50

Reduced-Price Breakfast \$.30

Reduced-Price Lunch \$.40

This institution is an equal opportunity provider