

Little Raiders Pre School Snack Menu

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Scooby- Doo Graham 8 oz. 1 % white milk	2 1 Sliced apple 4 oz. Yogurt 8 oz. Water	3 ½ Cup Carrots With Ranch dip 4oz. apple juice	4 W/G Rice Chex Cereal 8 oz. 1% White Milk	5
6	7	8 Banana with 4 % Grape Juice	9 W/G Munchie Mix 4 oz. Fruit Juice	10 Mixed Berry Fruit ½ Cup 8 oz. White Milk	11 NEOEA Day NO SCHOOL	12
13	14	15 Orange Wedges 8 oz. 1 % White Milk	16 W/G Goldfish 4 oz. Apple Juice	17 Strawberry ½ Cup 8 oz. 1% White Milk	18 Cheese Stick Whole Grain Crackers 4 oz Grape Juice	19
20	21	22 Celery Sticks 4 oz. yogurt 4oz.Fruit Juice	23 Scooby- Doo Graham 8 oz. 1% White Milk	24 Whole Grain Rice Chex Cereal 8oz. 1% White Milk	25 W/G GoldFish Crackers 4 oz. Apple Juice	26
27	28	29 Banana With 4 oz. Grape Juice	30 W/G Munchie Mix 4 oz. Fruit Juice	31 W/G Cereal Cheerio's 8 oz. 1 % White Milk		
						

This institution is an equal opportunity Provider