

# Copopa/CMS Menu

# November, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Bacon Egg and Cheese Biscuit Taco Soup or Pepperoni Pizza or Cheese Pizza, Corn, Broccoli, Fruit
4 OFF: NO STUDENTS	5 Double Chocolate Chip Muffins Mac and Cheese or Chicken Parmesan, Seasoned Green Beans, Glazed Carrots, Fruit	6 Pancake on a stick Hot Dog on Bun or Cheese Pizza or Pepperoni Pizza, Crinkle Sweet Potato Fries, Salad, Fruit	7 Bacon, Egg and Cheese Biscuit Mini Chicken Slider or Meatball Sub, Seasoned Potato Wedge, BBQ Beans, Fruit	8 OFF: Teacher Conference
11 Cocoa Puff Soft Bars Chicken Nuggets or Beef Dippers, Ranch Taters, Green peas, Fruit	12 French Toast with Sausage Link BBQ Sandwich or Breaded Cheese Sticks, Green Beans, Baby Carrots, with Dip, Fruit	13 Cherry Frudel Hamburger or Cheese Burger or Fish Sandwich, Thunder Fries, BBQ Beans, Fruit	14 Ham, Egg & Cheese Biscuit Turkey Bacon Melt or Twisted Lasagna, Garden Salad, Broccoli and Cheese, Salad, Fruit	15 Chicken Biscuit Pepperoni Pizza or Cheese Pizza or Meatball Sub, Corn, Raw Veggie Combo, Fruit
18 Sausage Biscuit Queso Nachos or Queso Chicken Nachos, Refried Beans, Corn, Fruit	19 Breakfast Pizza Oven Fried Chicken or Meatloaf, Garlic Cheesy Potatoes, Green Beans, Fruit	20 Soft Filled Cinn Toast Crunch Bars Shrimp and Fish Basket or BBQ Sandwich, Baked Potato, Cole Slaw, Great Northern Beans, Fruit	21 Chicken Biscuit Sliced Turkey and ham, dressing, W/Roll, Mash potato and Green Beans, Mixed Fruit, Cranberries and, Cake	22 Mini Powdered Donuts Frito Casserole or Fiestada Pizza, Tater Tots, Baby Carrots W/ Dip, Fruit
25 Pancake on a Stick Breaded Chicken Sandwich or Corn Dog, Thunder Fries, BBQ Beans, Fruit	26 Double Chocolate Chip Muffin Hamburger or Cheeseburger, or Fiestada Pizza, Potato Smiles, California Blend, Fruit	27 OFF: HAPPY THANKSGIVING	28 OFF: HAPPY THANKSGIVING	29 OFF: HAPPY THANKSGIVING

Breakfast - Cereal available every day instead of menu item.

Breakfast served with choice of fruit or fruit juice and choice of milk.

Milk choices - 1% white, fat-free chocolate, fat-free strawberry.



Meal Pricing:

Breakfast \$1.50

Lunch \$3.50

Milk only \$.50

Reduced-Price Breakfast \$.30

Reduced-Price Lunch \$.04

This institution is an equal opportunity provider