

COPOPA/CMS Menu

March, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Biscuit ² Breaded Chicken Sandwich or Corndog, Thunder Crunch Fries, BBQ Beans And Fruit	Mini Powdered Donuts ³ Hamburger or Cheese Burger or Italian Meatball Sub, Potato Smiles, California Blend and Fruit	Breakfast Pizza (White gravy) ⁴ Chicken Nuggets or Salisbury Steak and Roll, Red Potatoes, Peas and Fruit	Cinnamon Toast Crunch Soft Bars ⁵ Spaghetti W/Meat Sauce, Garlic Toast or Ham & Cheese Melt, Green Beans, Tossed Salad. Fruit	NO SCHOOL ⁶
Sausage Biscuit ⁹ Popcorn Chicken or Beef Dippers, Tatar Tots, Steamed Carrots, Fruit and Roll	Double Chocolate Chip Muffins ¹⁰ Mac and Cheese or Salisbury Steak, Sweet Potato Fries, Parmesan Broccoli, Fruit and Roll	Pancake on a stick ¹¹ Hamburger on Bun or Bosco Sticks, Season Green Beans, Salad and Fruit	Bacon, Egg and Cheese Biscuit ¹² Hot Dog on Bun or Beef Vegetable Soup W/Roll, Potato Wedge, BBQ Beans and Fruit	Chicken Biscuit ¹³ Pepperoni or Cheese Pizza or Chicken Nacho,s, Refried Beans, Sweet Corn, and choice of fruit
Cocoa Puff Soft Bar ¹⁶ Chicken Nuggets or Beef Dippers W/Rolls, Ranch Taters, Green Peas, and choice of Fruit	French Toast with Sausage Link ¹⁷ BBQ Sandwich or Breaded Cheese Sticks, Green Beans, Baby Carrots, with Dip, Fruit	Cherry Frudel ¹⁸ Hamburger or Cheese Burger or Chicken Nuggets, Thunder Fries, BBQ Beans, Fruit	Ham, Egg & Cheese Biscuit ¹⁹ Turkey Bacon Melt or Twisted Lasagna, Garden Salad, Broccoli and Cheese, Salad, Fruit	Chicken Biscuit ²⁰ Fish Sandwich or Cheese Pizza or Pepperoni Pizza, Sweet Corn, Raw Veggie Combo, Fruit
Sausage Biscuit ²³ Queso Beef Nachos or Chicken Noodle, Refried Beans, Corn and Fruit	Breakfast Gravy Pizza ²⁴ Oven Fried Chicken or Home-style Chili Cheesy Potatoes, Green Beans, Fruit	Soft Filled Cinnamon Toast Crunch Bars ²⁵ Shrimp and Fish Basket or BBQ Sandwich, Baked Potato, Cole Slaw, Great Northern Beans, Fruit	Chicken Biscuit ²⁶ Home style Chicken Bowl or Pork Chop Broccoli and Cheese, Garden Salad, Fruit	Mini Powdered Donuts ²⁷ Fish Sandwich or Cheese Pizza or Fiestada Pizza, Sweet Corn, Baby Carrots W/Dip, Fruit
Sausage Biscuit ³⁰ Breaded Chicken Sandwich or Corndog, Thunder Crunch Fries, BBQ Beans And Fruit	Mini Powdered Donuts ³¹ Hamburger or Cheese Burger or Italian Meatball Sub, Potato Smiles, California Blend and Fruit			

Breakfast – Cereal or Pop tarts w/cheese stick or Yogurt available every day.

Breakfast served with choice of fruit or fruit juice and choice of milk.

Milk choices - 1% white, fat-free chocolate, fat-free strawberry.



Meal Pricing:

Breakfast \$1.50

Lunch \$3.50

Milk only \$.50

Reduced-Price Breakfast \$.30

Reduced-Price Lunch \$.40

This institution is an equal opportunity provider