

Columbia High School Menu

January, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 OFF Happy New Year	2 OFF	3 OFF
6 Sausage Biscuit/, Sausage egg and Cheese Biscuit Popcorn Chicken W/Roll or Cheese or Pepperoni Pizza, Thunder Crunch Fries, Broccoli W/Dip, Fruit	7 Chicken Biscuit/ Sausage egg and Cheese Biscuit Beef Dippers or Breaded Chicken Sandwich, Cheesy Potatoes, Garden Salad, Fruit	8 Breakfast Pizza (White Gravy)/ Sausage egg and Cheese Biscuit Cheesy BBQ Sidewinders W/Breadstick or Cheese or Pepperoni Pizza, Green Beans, Steamed Broccoli, Fruit	9 French Toast & Sausage Link/ Sausage egg and Cheese Biscuit Spaghetti & Meat sauce W/Garlic Knots or Hamburger, Cheeseburger, Green Beans, Carrots W/Dip, Salad, Fruit	10 Sunrise Breakfast Bowl W/Toast/ Sausage egg and Cheese Biscuit Home Style Chili or Macaroni & Cheese, Baked Beans, Corn, Fruit
13 Bacon, Egg & Cheese Biscuit Sausage Egg and Cheese Biscuit Macaroni & Cheese or Chicken Snack Wrap, Parmesan Broccoli, Sweet potato Fries, Fruit	14 Double Chocolate Chip Muffin/ Sausage Egg and Cheese Biscuit Twisted Lasagna or Corndog, California Blend, Grape Tomatoes and Cucumber W/Dip, Fruit	15 Pancake on a Stick/ Sausage Egg and Cheese Biscuit Cheesy Chicken Tortilla Soup or Beef Dippers W/Roll, Baked Potatoes, Salad, Fruit	16 Sausage Biscuit/ Sausage Egg and Cheese Biscuit Chicken Nuggets or Country Fried Beef Steak, Mashed Potatoes, Green Peas, Fruit Parfait	17 Chicken Biscuit /Sausage Egg and Cheese Biscuit Fish & Popcorn Shrimp Basket, or Hamburger on Bun, Steamed Carrots, Baked Beans, and Fruit
20 OFF Martin Luther King Jr. Day	21 French Toast and Sausage Link/ Sausage Egg and Cheese Biscuit Frito Casserole or Chicken Snack Wrap, California Blend, Baby Carrots W/Dip, Fruit	22 Mini Chocolate Donuts/ Sausage Egg and Cheese Biscuit Breaded Cheese Sticks or BBQ pork sandwich, Thunder Fries, Cherry Tomatoes and Cucumber W/Dip, Fruit	23 Sausage Biscuit/ Sausage Egg and Cheese Biscuit Italian Meatballs Sub Sandwich or Hamburger, Cheeseburger, Green Beans, Grazed Carrots, Fruit	24 OFF
27 Sunrise Breakfast Bowl W/Toast/ Sausage Egg and Cheese Biscuit Popcorn Chicken Raider Bowl, or Hotdog on a Bun, Broccoli W/ Grape Tomatoes, Pinto Beans, Fruit	28 Maple Pancakes/ Sausage Egg and Cheese Biscuit Turkey Bacon Melt or Bosco Sticks, Baby Carrots, W/Dip and Tater Tots, Fruit	29 Chicken Biscuit/ Sausage Egg and Cheese Biscuit Chicken and Belgian Waffle or Mexican Pizza, Green Beans, Sweet Potato Fries, Fruit	30 County Scrambler/ Sausage Egg and Cheese Biscuit Beefy Vegetable Soup W/Roll, or Hot Chicken Sandwich, Roasted Corn & Jalapenos, black Beans, Fruit	31 Egg and Cheese Biscuit/ Sausage egg and Cheese Biscuit Parmesan Chicken W/ Roll or Philly Cheese Steak, Ranch Potato, Green Peas, Fruit

Breakfast - Cereal available every day instead of menu item.
Breakfast served with choice of fruit or fruit juice and choice of milk.

Breakfast- Sausage Egg and cheese Biscuit available every day.

Milk choices - 1% white, fat-free chocolate, fat-free strawberry.

Grab and Go salad every day for lunch.

Pepperoni and Cheese Pizza offered every day at lunch.



Meal Pricing:

Breakfast \$1.50

Lunch \$3.50

Milk only \$.50

Reduced-Price Breakfast \$.30

Reduced-Price Lunch \$.04