

Columbia High School Menu

December, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bacon, Egg & Cheese Biscuit Sausage Egg and Cheese Biscuit Macaroni & Cheese or Chicken Snack Wrap, Parmesan Broccoli, Sweet potato Fries, Fruit	3 Double Chocolate Chip Muffin/ Sausage Egg and Cheese Biscuit Twisted Lasagna or Corndog, California Blend, Grape Tomatoes and Cucumber W/Dip, Fruit	4 Pancake on a Stick/ Sausage Egg and Cheese Biscuit Cheesy Chicken Tortilla Soup or Beef Dippers W/Roll, Baked Potatoes, Salad, Fruit	5 Sausage Biscuit/ Sausage Egg and Cheese Biscuit Chicken Nuggets or Country Fried Beef Steak, Mashed Potatoes, Green Peas, Fruit Parfait	6 Sunrise Breakfast Bowl W/ Toast/ Sausage Egg and Cheese Biscuit Fish & Popcorn Shrimp Basket, or Mini Chicken Sliders, Seasoned Wedges, Baked Beans, and Fruit
9 Sunrise Breakfast Bowl W/Toast/ Sausage Egg and Cheese Biscuit Chicken & Noodles Soup, toasted cheese sandwich or Salisbury Steak, Roll, Broccoli, Sweet Potato Fries, Fruit	10 French Toast and Sausage Link/ Sausage Egg and Cheese Biscuit Frito Casserole or Chicken Snack Wrap, Tater Tots, Baby Carrots W/Dip, Fruit	11 Mini Chocolate Donuts/ Sausage Egg and Cheese Biscuit Breaded Cheese Sticks or BBQ pork sandwich, Thunder Fries, Cherry Tomatoes and Cucumber W/Dip, Fruit	12 Sausage Biscuit/ Sausage Egg and Cheese Biscuit Italian Meatballs Sub Sandwich or Hamburger, Cheeseburger, Green Beans, Grazed Carrots, Fruit	13 Ham, Egg and Cheese Biscuit/ Sausage Egg and Cheese Biscuit Queso Nachos or Chicken fajita Nachos Refried Beans, Corn, Fruit
16 Sunrise Breakfast Bowl W/Toast/ Sausage Egg and Cheese Biscuit Popcorn Chicken Raider Bowl, or Hotdog on a Bun, Broccoli W/ Grape Tomatoes, Pinto Beans, Fruit	17 Maple Pancakes/ Sausage Egg and Cheese Biscuit Turkey Bacon Melt or Beefy Mac, Baby Carrots, W/Dip and Tater Tots, Fruit	18 Chicken Biscuit/ Sausage Egg and Cheese Biscuit Chicken and Belgian Waffle or Mexican Pizza, Green Beans, Ranch Potato, Fruit	19 County Scrambler/ Sausage Egg and Cheese Biscuit BBQ Nachos, or Mini Chicken Sliders, Roasted Corn & Jalapenos, black Beans, Fruit	20 Sausage, Egg and Cheese Biscuit Parmesan Chicken W/ Roll or Philly Cheese Steak, Ranch Potato, Green Peas, Fruit
23 OFF	24 OFF	25 OFF	26 OFF	27 OFF
Winter Break – No School				
30 OFF	31 OFF			
Winter Break – No School				

Breakfast - Cereal available every day instead of menu item.
Breakfast served with choice of fruit or fruit juice and choice of milk.

Breakfast- Sausage Egg and cheese Biscuit available every day.

Milk choices - 1% white, fat-free chocolate, fat-free strawberry.

Grab and Go salad every day for lunch.

Pepperoni and Cheese Pizza offered every day at lunch.



<u>Meal Pricing:</u>	
Breakfast \$1.50	Reduced-Price Breakfast \$.30
Lunch \$3.50	Reduced-Price Lunch \$.04
Milk only \$.50	

This institution is an equal opportunity provider